



Did you know that in addition to our 2 service locations, West Bergen has 6 group homes in the Bergen County area?

**Our Residential Program** provides a variety of supervised residential group homes and apartments for individuals (18 years or older) who are recovering from serious mental health issues which required psychiatric hospitalization. Each person referred to and accepted into our Residential Program is placed within a facility that provides the level of supervised care that will best address their individual needs.

Our goal is to provide our residents with a safe environment that provides a life enhancing support structure.

For many of our Group Home residents, West Bergen is more than just a place to live and get treatment, it is their family. We take great pride in creating an environment that goes beyond the traditional concept of a group home. Our mission is to provide a nurturing, home-like atmosphere where every resident feels valued, supported, and truly seen. This sense of family is essential to the well-being and personal growth of all who call West Bergen their home.

Although West Bergen provides a home, most household and personal hygiene items are the responsibility of the resident. Donations for the following items will make a huge difference, allowing our residents to use their limited income for other essential needs rather than everyday items.

### **Items needed for Residential Clients**

- XL Twin Sheet set – male/female
- Bath towels – male/female
- Bed Pillows
- Canned soups
- Chewy Granola Bars
- Laundry Detergent (pods or Liquid)
- Toilet Paper
- Paper Towels
- Dishwasher soap (any type)
- Hand Soap
- Aluminum Foil

- Plastic Wrap
- Oatmeal packets
- Light throw blankets
- Cases of bottled water (small) for medications
- Mac & Cheese boxes
- Pasta
- Pasta Sauce
- Tuna Fish
- Baked Beans
- Canned Veggies
- Large plastic (Glad/Ziploc) food storage containers
- Reusable plastic plates, bowls and cups

For more info about this program or about West Bergen, please contact Chrissie Lijoi  
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